

Put Relaxation under Your Holiday Tree From The Waters – An Urban Spa Retreat

The perfect gift for that special someone who seemingly has everything. The Waters Spa has created the perfect solution: a choice of **gift certificates** featuring rejuvenating spa packages for men, women, children and couples, including mother-daughter packages! Or browse in the **Spa Shop** for quality items at incredibly affordable prices. Or arrange for a **beautiful, customized gift basket!** The Waters – An Urban Spa Retreat makes holiday-giving affordable and easy with Gift Certificates available online!

When visiting this urban, resort-style spa retreat, you experience the highest quality day spa services and world-influenced treatments and rituals. The devoted team of 26 therapists and attending staff help you feel renewed and

refreshed in body and soul. “Our certified, experienced therapists are eager to make your spa experience exceptional and memorable,” says owner Carly Kuntz, who opened the spa over six years ago. “But besides their knowledge, they anticipate each guest’s needs to provide amazing service and results-oriented treatments – the quintessential spa experience.”

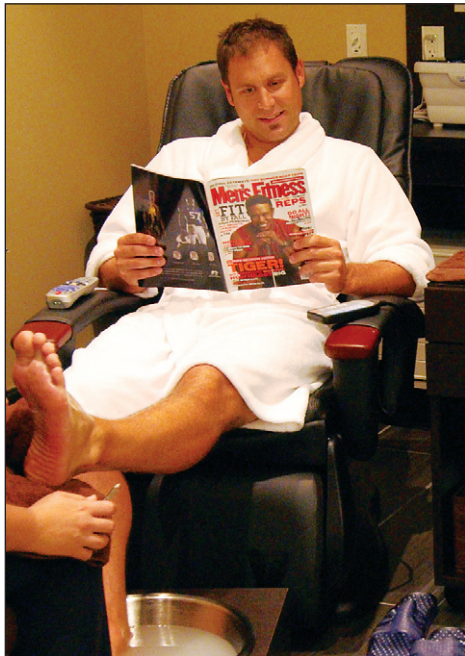
What man wouldn’t love a **Sports Therapy Massage?** Or how about a pedicure with extra-long time devoted to a restorative foot and leg massage? Besides catching up on the news or sports on the Plasma flat-screen TV during their treatments, men appreciate that the décor and ambience at The Waters is not too feminine. They can relax in the private and comfortable Club Room just for them.

Special touches for the women include **one-on-one treatments**. “We stay with our guests and give pampering, hands-on treatments,” Carly says. “Some of our complimentary “little extras” include free aroma therapy with every massage, cool cucumbers to soothe the eyes, robe service, and foot soaks. Women also love the infrared sauna and fireplace lounge where they can savour healthy granola and sip delicious, calming tea.”

Couples are treated to *any* service side by side in the Couples Suite that includes fireplace, giant soaker tub for two and double-headed shower. Add the **Romantic Escape Package** to any couples massage, facial or body treatment and delight in a private room laden with rose petals and candlelight. Enjoy champagne and chocolates with strawberries and cream for the ultimate spa date!

As an extra bonus, **your therapeutic massage could be covered by your health insurance**, making the fee extremely reasonable.

Choose from six **Worldwide Escape** treat-





ments, each inspired by different parts of the globe for a spa experience unlike anything else in the region.

New Seasonal Treatment & Products

This season, enjoy the newest treat at The Waters: a **Balsam and Cedar** body treatment, massage, manicure or pedicure. “We infuse a very fresh, woody scent with a hint of cinnamon into the treatments, reminiscent of the holiday season,” Carly says. “We also offer complimentary cinnamon-spiced tea and a shortbread cookie.” Take home the experience by purchasing Balsam and Cedar retail products from the Spa Shop!

For anyone preparing for holiday parties, try Shellac – the two-week manicure!

Phytomer skin-care kits in elegant, decorative gift boxes or travel-friendly **Comfort Zone facial kits** are sold at significantly lower prices than retail. Inspirational house and home gifts make unique and affordable stocking stuffers, including books and CDs, Illume home-fragrance products, and organic bath products from Hawaii.

Carly and spa director Allison Walker wish to thank their loyal guests for their patronage.

“If massage is on your to-do list before Christmas, we recommend booking now to avoid disappointment,” Allison suggests. “We welcome our guests over the holiday season right up until December 24, at 3 p.m.! We wish everyone a happy and safe holiday!”

The Waters – An Urban Spa Retreat is located on Willis Way at the Waterloo Town Square in Uptown Waterloo. Book your appointment by calling 519-888-7727.

Visit www.thewatersspa.com to buy Gift Certificates online and to view their full complement of services.

